



Hosted by: Team NC AAU Updated 04/25/2017

Carolina Courts- 24 Spring St. SW, Concord, NC 28025

SATURDAY, APRIL 29th

GYM A

Session 1A- Xcel Bronze

Open Stretch 8:00am
March-In 8:20am
Awards 10:15am

Session 2A- Xcel Bronze

Open Stretch 10:30am
March-In 10:50am
Awards 12:45pm

Session 3A- Xcel Bronze

Open Stretch 1:00pm
March-In 1:20pm
Awards 3:15pm

Session 4A- Xcel Bronze

Open Stretch 3:30pm
March-In 3:50pm
Awards 5:45pm

Session 5A- Xcel Gold

Open Stretch 6:00pm
March-In 6:20pm
Awards 8:00pm

GYM B

Session 1B- Level 3

Open Stretch 8:00am
March-In 8:20am
Awards 11:15am

Session 2B- Level 2

Open Stretch 11:15am
March-In 11:35am
Awards 1:25pm

Session 3B- Level 6, 7, 8, 9, Xcel Diamond

Open Stretch 1:35pm
March-In 1:55pm
Awards 4:15pm

Session 4B- Level 4, 5, Xcel Platinum

Open Stretch 4:25pm
March-In 4:45pm
Awards 8:25pm

SUNDAY, APRIL 30th

GYM A

Session 6A- Xcel Gold

Open Stretch	8:00am
March-In	8:20am
Awards	10:00am

Session 7A- Xcel Gold

Open Stretch	10:15am
March-In	10:35am
Awards	12:15pm

Session 8A- Xcel Gold

Open Stretch	12:30pm
March-In	12:50pm
Awards	2:30pm

GYM B

Session 6B- Xcel Silver

Open Stretch	8:00am
March-In	8:20am
Awards	10:45am

Session 7B- Xcel Silver

Open Stretch	11:00am
March-In	11:20am
Awards	1:45pm

Session 8B- Xcel Silver

Open Stretch	2:30pm
March-In	2:20pm
Awards	5:30pm

**UPDATED 4/24/17*